

# Equipment Checklist for Summer Backpacking

2/13/05

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- Equipment:
- |   |  |
|---|--|
| <input type="checkbox"/> Sleeping Bag in waterproof bag attached to pack with straps, not bungee cords. | <input type="checkbox"/> Plastic garbage bags, 2—30 gallon size  |
| <input type="checkbox"/> Mosquito headnet   | <input type="checkbox"/> Suspender clips, 6  |
| <input type="checkbox"/> Backpacker's poncho (fits over pack)   | <input type="checkbox"/> Pocket knife (no sheath knives)   |
| <input type="checkbox"/> Fire starter kit (strike—anywhere matches wood shavings, fire starters)        | <input type="checkbox"/> Backpack repair kit, 2 each pins/rings or extra buckle if appropriate                       |
| <input type="checkbox"/> 10' x 10' x 4mil thick plastic tarp  | <input type="checkbox"/> Tent pegs, metal, 8   |
| <input type="checkbox"/> Foam sleeping pad  | <input type="checkbox"/> Tent grabbers, 2  |
| <input type="checkbox"/> 100' 1/8" Nylon rope   | <input type="checkbox"/> AA/AAA Flashlight w/extra batteries (for every 3 nights or 1 set for LED light), extra bulb |
|   | <input type="checkbox"/> 1 quart canteen for water, filled   |
|   | <input type="checkbox"/> Backpack, properly fitted/sized   |
|   | <input type="checkbox"/> Hiking staff  |
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- Personal study kit
- |   |   |
|---|---|
| <input type="checkbox"/> Notebook (minimum 5x7, 20 pages) | <input type="checkbox"/> Scout Handbook (if under 1st class)          |
| <input type="checkbox"/> Personal (pocket) Bible          | <input type="checkbox"/> Merit badge books (if required by counselor) |
|   | <input type="checkbox"/> 2 Pencils                                    |
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- Personal toilet kit:
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|---|---|
| <input type="checkbox"/> Toothbrush (in container)/Toothpaste | <input type="checkbox"/> Insect repellent (pump or lotion)        |
| <input type="checkbox"/> Travel size soap                     | <input type="checkbox"/> Chapstick                                |
| <input type="checkbox"/> Comb, if appropriate                 | <input type="checkbox"/> Sunscreen                                |
| <input type="checkbox"/> Backpacker's towel                   | <input type="checkbox"/> Biodegradable toilet paper in Ziploc bag |
|   | <input type="checkbox"/> Small sewing kit                         |
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- Personal kitchen kit:
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|---|---|
| <input type="checkbox"/> 3 lb coffee can to cook in   | <input type="checkbox"/> 6 pieces heavy duty aluminum foil, 3' long each                                |
| <input type="checkbox"/> Hiking cup (metal—not plastic)   | <input type="checkbox"/> Teflon safe scrub pad  |
| <input type="checkbox"/> Personal eating utensils: knife, fork, spoon—metal or lexan—no plastic | <input type="checkbox"/> Biodegradable all-purpose camping soap   |
| <input type="checkbox"/> One heavy duty paper plate per day                                     | <input type="checkbox"/> At least 2 paper towels per day  |
| <input type="checkbox"/> 3-1 gal. Zip lock bags   | <input type="checkbox"/> 4-6 oz leak-proof bottle of vegetable oil                                      |
| <input type="checkbox"/> Small salt and pepper shaker   | <input type="checkbox"/> "Joe Clampie"—lightweight clamps/pliers pot holder to pick up hot coffee cans. |
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- Clothing:
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|--|---|
| <input type="checkbox"/> Lightweight summer camouflage utility trousers—quick drying pants (2 pair's maximum) & belt | <input type="checkbox"/> Underwear, 3 pairs moisture wicking types preferred                                    |
| <input type="checkbox"/> Swim trunks   | <input type="checkbox"/> Flannel shirt/sweatshirt or equivalent   |
| <input type="checkbox"/> Lightweight, canvas tennis shoes or water shoes—for crossing streams                        | <input type="checkbox"/> Lightweight jacket, water and wind resistant (Warmth achieved by layering, not weight) |
| <input type="checkbox"/> Hiking boots - waterproof (with silicone spray, snow-seal, mink oil, etc.)                  | <input type="checkbox"/> Troop T-shirts, 2  |
|  | <input type="checkbox"/> Socks, 3 pr. water wicking, hiking type  |
|  | <input type="checkbox"/> Boonie hat (for sun protection)  |
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- 2 First Aid kits—one in pack and one in survival kit (see separate list)
- Survival kit (see separate list)
- Lunch for each day on the trail—not to exceed 8 oz. per day—no cans (dried/fruit, beef jerky, cheese, crackers, trail mix, candy bars, granola bars, dried/salty foods)--plan to drink a lot of extra water!
- "Fast Food" money - approx. \$10, we usually stop for lunch on way up & back

**Everything must go inside your pack. Leave room for patrol equipment and food**

**REMEMBER TO:**

1. Put your name on everything.
2. Waterproof your boots, poncho, backpack and survival pack before leaving home.

## Troop 505 First Aid Kit

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- Gauze pads - 2
  - Band-Aids (regular) - 2
  - Second Skin - 1 sealed envelope (approx. 2 sq. in.)
  - Antiseptic wipes - 2 sealed packets
  - Neosporin (Bacitracin, etc.) - 2 single use packets
  - Pain reliever tablets - 2 “sample-sized” packets
  - Sting Eze
  - Benadryl
  - Imodium Tablets
  - Prescription Medicine

Make sure medicines have not expired!!!!

Two kits are required—on in pack and one in survival kit.

## Troop 505 Survival Kit

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- ID Card with name addresses and phone number.
  - First aid kit—see above
  - Emergency blanket
  - Strike-anywhere matches—in waterproof match container (Orchard Supply/SaveMart)
  - Fire starters (in a waterproof bag)
  - Emergency/citronella candle (tea candle, 2)
  - Water purification pills (2—part bottles, do not open until ready to use, they will deteriorate.)
  - Whistle
  - Small lightweight metal signal mirror
  - 2 candy bars
  - 20 ft. x 1/8 inch nylon cord
  - 1-30 gal. garbage bag
  - Compass (the “see through,” flat type, not the Lensatic type)
  - Bandanna
  - Toilet paper (biodegradable, in waterproof bag) - 1 small roll
  - AA/AAA size flashlight with 1 set extra batteries.
  - Aluminum foil (one 3 ft piece, heavy duty)
  - Water bottle (1 Pint) attached to fanny pack
  - Safety Pin
  - Small notepad and pencil
  - Small amount of change (at least \$2.00 for emergency phone call) or non-expiring phone card.
  - Glow stick
  - Pocketknife